



Bedford Soccer Association

Newsletter, Issue 2

Jan 1, 2010

Christmas Jamboree

More than 50 Bedford Soccer players took part in the first Suburban Region Christmas Jamboree, held at Soccer Nova Scotia's indoor facility on Dec 31. The event, for U10 and U12 players from the regional clubs, was a great chance for kids to play soccer on turf during the holidays.

The club also hosted a Coaches Clinic and Scrimmage at Exhibition Park over the holidays. We hope to have more regular clinics and coaches' scrimmages in the spring and summer.

Happy holidays and happy New Year to everyone at the club, and thank you to all the volunteers who make all of this possible. Looking forward to 2010.



More inside!



They said what?!

'We didn't underestimate them. They were a lot better than we thought.'

The late Sir Bobby Robson, after England beat Cameroon 3-2 in the 1990 World Cup quarter-finals.

Coaches Corner

Watching players like Steven Gerard blasting goals into top corners from 25 yards on a regular basis, it's easy to think they just come on the field and do it out of pure instinct. Like anything, innate ability is a major factor, but without constant practice and repetition, it fades away (see quote in side bar).

The best players in the world practice more than anybody else. David Beckham, Zinedine Zidane, Cristiano Ronaldo, Eric Cantona, Michel Platini and other top players past and present are famous for staying for extra shooting practice after team sessions are over.

The Canadian Soccer Association says 'Practice makes Players' and 'there's no substitute for repetition as a model for learning'. There is a lack of good goal scorers in Canada, even at the highest level, and we need to spend more time working on shooting and finishing.

Your team may have the best passing or possession game, but what's the use if they can't finish their chances. Training should be oriented to improve very specific areas. Spend more time on systematically improving one of

the most fun aspects of soccer: shooting.



'Power and accuracy doesn't come from nowhere. Even now, I do extra practice on my shooting every day. Left and right foot; penalties and free kicks. I've heard it said that when you get to a certain age you can't really learn much more. Well, you can... So for me, accuracy and power are the two things I do everyday.'

Liverpool captain and England midfielder Steven Gerard.

Upcoming Events:

Regional Event:

SUBURBAN DAY
Sunday, Jan 10, 2010
Sackville High School

Details to follow





Countdown to the World Cup 2010

Every month, we will review 3 World Cups, starting with the first one in Uruguay in 1930 and ending with Germany in 2006, leading up to the greatest sporting event on earth kicking off June 11, 2010 in Johannesburg.

Group A: South Africa, Mexico, Uruguay, France

Group B: Argentina, Nigeria, Korea Republic, Greece

Group C: England, USA, Algeria, Slovenia

Group D: Germany, Australia, Serbia, Ghana

Group E: Netherlands, Denmark, Japan, Cameroon

Group F: Italy, Paraguay, New Zealand, Slovakia

Group G: Brazil, Korea DPR, Cote d'Ivoire, Portugal

Group H: Spain, Switzerland, Honduras, Chile



World Cup History Brazil 1950

- The first World Cup since 1938 due to World War II was held in Brazil for the first time.
- 13 Nations competed for the 4th World Cup.
- Group champions went into a final round robin group of 4 teams: Brazil, Uruguay, Spain and Sweden.
- Uruguay topped the group by defeating Brazil in the final game 2-1 to win the World Cup for the second time in their history.
- Around 200,000 people reportedly attended the game at the Maracana Stadium.
- 1st place: Uruguay
2nd place: Brazil
3rd place: Sweden
4th place: Spain

Top goal scorer:

- Ademir – Brazil
8 goals



Switzerland 1954

- 16 Countries competed for the 1954 World Cup in Switzerland.
- Hungary was considered the best team in the tournament, beating eventual winners West Germany 8-3 in round robin play.
- In the final, West Germany came back from 2 goals down to beat the mighty Hungarians 3-2, in what was dubbed 'The Miracle of Bern'.
- The Germans wore cleats with 'removable studs' for the first time, which helped them in the rainy final, and helped launch Adidas as a top shoemaker.

Semi-finals:

- Hungary 4 – Uruguay 2
- West Germany 6 – Austria 1

Third place game:

- Austria 3 – Uruguay 1

FINAL:

- West Germany 3 – Hungary 2

Top goal scorer:

- Sandor Kocsis – Hungary
11 goals



Sweden 1958

- The arrival of Pele on the world stage. The 17-year-old prodigy from Brazil stole the show, scoring 3 goals in the semi-final, and 2 more in the final.
- 16 nations took part.
- France's Just Fontaine still holds the record for most goals scored in a World Cup with 13.

Semi-finals:

- Brazil 5 – France 2
- Sweden 3 – West Germany 1

Third place game:

- France 6 – West Germany 3

FINAL:

- Brazil 5 – Sweden 2

Top goal scorer:

- Just Fontaine - France
13 goals

